

Kim Moelholm, GEMBA16 <u>LinkedIn profile</u> <u>www.houseofbalance.me</u> <u>kim@houseofbalance.me</u> +49 162 232 6790



## About myself

During my 16 years in leadership positions with BoConcept, my approach was to reach business goals together with the team. It was always about the people. After a successful exit to private equity, I landed in a personal crisis (burnout and depression). Using coaching was a fundamental piece of my healing and transformation. Accompanying others and seeing meaningful change is why I coach.

## My understanding of coaching; coaching focus

Meaningful change is possible for any one of us. Often, it is about slowing down to gain clarity in our thinking and feelings.

For example: What do I really want in this phase of my life? Coaching provides the space for discovery and reflection that is otherwise difficult for us to find.

## Situations in which I am effective as

I'm effective as a coach on career and leadership themes for middle management and executives. I often help clients connect their rational and emotional sides for better decision-making.

With my background in international retailing across North America and Asia, I'm also effective in developing business strategies for small to medium-sized businesses.

Coaching languages and region	Coaching certifications & cont. training
Fluent in English, German and Danish.	Wandelplan Systemisches Coaching
Face to face coaching available in	und Veränderungsmanagement (IOBC
Munich or virtual over Zoom / Teams.	# ENP-1442-2021-256)