



Michael HAUGER, EMC'24Feb-F

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About myself

In 2022, I transitioned out of my corporate office and communications executive career in aerospace, capital goods and PE into what has been my passion for many years: facilitating people in their integral development. I work with individuals and teams, supporting them to better understand themselves and others and to develop behaviours that enhance both their effectiveness and individual fulfilment.

My understanding of coaching; coaching focus

I don't coach the issue; I coach the person. My Integral Coaching goes far beyond traditional business coaching. I do not primarily aim on achieving specific short-term goals but my clients' development towards sustainable, i.e. lastingly effective change. My coachees uncover and work on often-unconscious experiences and patterns that hold them back, restrict and hinder their behaviour and development.

Situations in which I am effective as

My clients range from senior leaders to (non-)executive board members and teams but also include internationally renowned musicians and ensembles. Starting point are individual topics ranging from leadership challenges, career and relationship issues to new professional roles that may require new behaviours, or crisis and conflict situations perceived as unbearably stressful. My clients value my holistic approach supporting them in exploring, understanding and dealing with the underlying aspects of their issues and in developing their own powerful answers.

Coaching languages and region

- English, German
- Based in Frankfurt / Munich / Innsbruck region
- Coaching both in person and virtual

Coaching certifications & cont. training

- INSEAD EMC (formerly EMCC)
- Certified Integral Development Coach (ICF accredited)
- INSEAD IN-BOARD