



Dr. Jürgen Radel, CGM `23

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[Schedule Meeting](#)

About myself

After ten years in various industries, I've shifted gears to become a tenured professor specializing in change management, with a focus on resistance to change. I work with the factors that impact and constrain you as a leader, helping you become more efficient by drawing on robust systems-psychodynamic training and my own experience in this demanding role.

My understanding of coaching; coaching focus

At the core of my practice is working with and navigating unconscious dynamics. Often, you may already sense certain things but haven't yet considered them in a structured way. In our sessions, I create a space to explore what's happening both in and around you as a leader. At times, I may provoke discomfort, which might become a powerful catalyst for growth and learning.

Situations in which I am effective as

Experiencing dilemmas at work? Wondering, How did I get here, and how do I fix this? If you're grappling with micropolitics and power plays, we'll make sense of it all. I act like a noise-canceling device, helping you tune in to the whispers of what's truly happening around you, so you can catch the subtle cues in your organization's dynamics—whether in a fast-paced environment or a rigid bureaucracy. Sometimes, we'll strategize together, playing "chess" to anticipate the next move. My goal is to help you become even more confident, strategic, and ultimately effective as a leader.

Coaching languages and region

- German, English
- Berlin (in person), worldwide (virtual)

Coaching certifications & cont. training

INSEAD Coaching Certificate (ICC 4) & Coaching Groups (ACG 1), ESMT CoColl, Tavistock Institute of Human Relations / NTL Institute